Union Status and Female and Male Contraceptive Sterilization in the United States and Australia

Mieke C. W. Eeckhaut

ABSTRACT

- Context: Diversity in the union context of contemporary decisions regarding female and male contraceptive sterilization is insufficiently understood, despite a puzzling dominance of female sterilization and a persistently high level of post-sterilization regret in the U.S.
- Methods: Drawing on data from the 2006-10 National Survey of Family Growth and the 2005-06 Australian Generations and Gender Programme, I investigate the U.S. sterilization union context in comparative context. Event-history techniques are used to determine if demographic background factors such as age, parity, early childbearing, education, nativity, and race/ethnicity can explain differences in the prevalence of sterilization according to union context.
- Results: I confirm that gendered sterilization patterns persist in the U.S., and largely extend to Australia. Male sterilization stands out as the near exclusive domain of married men, with a low relative risk for single (RRs=0.3 for never- and ever-married single men) and never-married cohabiting men (RR=0.1) in the U.S. Female sterilization is mainly driven by parity and thus characterized by a more diverse set of union contexts though remains less common among never-married single women (RR=0.7) and more common among women in higher-order marriages (RR=1.3) in the U.S.
- Conclusions: The union context of U.S. sterilization has changed surprisingly little since the 1980s early 1990s. Gendered sterilization decision-making can only partly explain the persistent dominance of female sterilization. Unmarried individuals seeking sterilization i.e., mainly women may benefit from counseling about the possibility of changing childbearing desires in response to a new union status as well as from policy efforts aimed at increasing reliance on long-acting reversible contraceptives.